## Amendments to the Claims:

This listing of Claims will replace all prior versions, and listings, of claims in the application:

## **Listing of Claims:**

1.-14. (Cancelled)

- trocar/cannula, comprising: an expandable cannula body, wherein the cannula body has an interior channel with a diameter, wherein the cannula body is capable of flexing so as to increase or decrease the diameter of the cannula body, and wherein the cannula body comprises an expandable spring cannula, the spring cannula comprising at least one rigid element formed in the shape of a helix and having a center channel, and a flexible material attached to the rigid element to form at least a portion of a cylinder surrounding the center channel.
- 16. (Currently Amended) The device according to claim 11, An expandable bore trocar/cannula, comprising: an expandable cannula body, wherein the cannula body has an interior channel with a diameter, wherein the cannula body is capable of flexing so as to increase or decrease the diameter of the cannula body, and wherein the cannula body comprises a rotating cannula, the rotating cannula having at least a first and a second rigid element which comprise a portion of a cylinder arc, the first and second rigid elements being concentric to a center line of the rotating cannula, with the second rigid element being capable of rotating around the center line.

- 17. (Currently Amended) The device according to claim 11, An expandable bore trocar/cannula, comprising: an expandable cannula body, wherein the cannula body has an interior channel with a diameter, wherein the cannula body is capable of flexing so as to increase or decrease the diameter of the cannula body, and wherein the cannula body comprises a ribbon spring, the ribbon spring comprising at least one rigid element formed in the shape of a helix and having a center channel.
- 18. (Currently Amended) The device according to claim 11, An expandable bore trocar/cannula, comprising: an expandable cannula body, wherein the cannula body has an interior channel with a diameter, wherein the cannula body is capable of flexing so as to increase or decrease the diameter of the cannula body, and wherein the cannula body comprises a rolled cannula, the rolled cannula comprising at least one sheet of rigid material having a first longitudinal side and a second longitudinal side, the sheet being formed into the shape of a cylinder and having a center channel with a diameter, the sheet overlapping at the first and second longitudinal sides so as to allow the diameter to be varied.
- 19. (Currently Amended) A medical insertion device for use with one of a trocar and a cannula, comprising: A delivery apparatus for use with one of a trocar and a cannula having comprising:
  - a delivery shell configured to be grasped by a user;
    - Wherein the delivery shell includes a channel, and a nose extending outward from the shell, the nose having a bore therethrough aligned with the channel, wherein

the channel and bore are configured for insertion of the trocar or cannula therethrough;

- The delivery apparatus further comprising a withdrawal mechanism proximate the channel, which is configured to cooperate with a retraction head of the trocar or cannula, and which includes at least one handle, wherein the handle facilitates the passage of the trocar or cannula through the channel and bore, and out of the delivery apparatus through the nose.
- 20. (New)An expandable cannula body capable of flexing so as to increase or decrease the diameter of the cannula body, the cannula body comprising:

an interior channel with a diameter; and, a plurality of split splines.